



## **Child and Adult Care Food Program Providing **Food**, Education, and Services to **Children in Care****



For Baltimore children in care, healthy and regular meals are key to their physical, intellectual and emotional development. Since 2011, Family League of Baltimore (Family League) has partnered with the U.S. Department of Agriculture’s Child and Adult Care Food Program (CACFP) to ensure that children in home-based daycare programs receive nutritious meals to help them be healthy and ready for school and success.

For home-based childcare providers, participating in CACFP exposes children to a variety of healthy foods and they learn healthy attitudes about eating. Research shows that meals served to children through CACFP are more nutritious than those served to children in child care settings not participating. Children receive more of the nutrients they need and fewer servings of fats and sweets from CACFP meals.

*Participating home-based childcare providers can be reimbursed by CACFP for three meals per child per day.*

---

### **NUTRITIOUS FOOD AND EDUCATIONAL RESOURCES FOR HOME-BASED CHILDCARE PROVIDERS**

Family League offers a variety of resources, training, and continuing education for providers throughout the year.

2305 N. Charles St., Baltimore, MD 21218  
[www.familyleague.org](http://www.familyleague.org) | [food@familyleague.org](mailto:food@familyleague.org)

